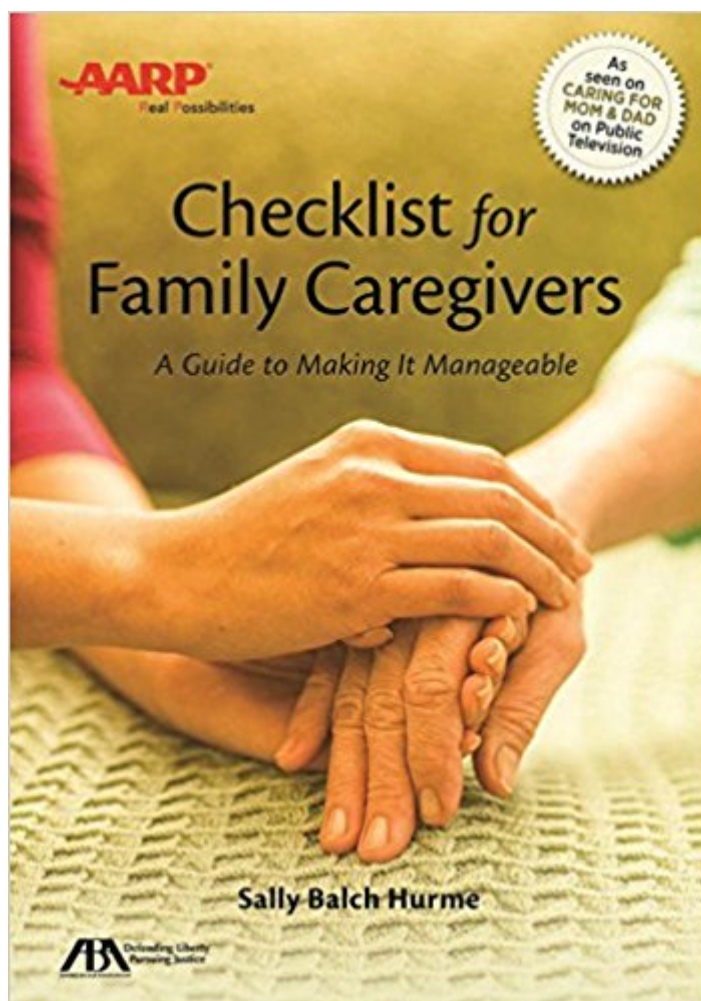


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# ABA/AARP Checklist For Family Caregivers: A Guide To Making It Manageable



## Synopsis

Caregiving is inevitably fraught with complex issues—emotional as well as medical, financial, and legal. The ABA/AARP Checklist for Family Caregivers by Sally Balch Hurme can help organize the responsibilities that caregivers face. In one place, you'll be able to record and update the myriad details you need to keep track of. And if you don't know where to start, this invaluable tool tells you, step by step, what you need and why. You can easily personalize the to-do lists, either in the book or electronically, and have them available for quick reference for your caregiving team—family, friends, aides, and medical, financial, and legal professionals. This new book—third in the Checklist series from AARP and the ABA—will save you time and simplify the daunting tasks of caregiving. Hurme shows you how to become a trusted steward—without losing your sanity. A companion to the PBS documentary (June 2015) and Amy Goyer's ABA/AARP Juggling Life, Work, and Caregiving.

## Book Information

Series: Checklist

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## Customer Reviews

Sally Balch Hurme is an elder law attorney currently with the AARP Health Education team explaining the workings of the Affordable Care Act and the Health Insurance Marketplaces. She has also worked on a wide variety of issues including advance care planning, surrogate decision making, consumer fraud, elder abuse and financial security. Ms. Hurme was an advisor to the Uniform Law Commission in the drafting of the uniform guardianship jurisdiction act. She also was a member of the U.S. State Department delegation that drafted the Hague International Convention on the Protection of Adults. She has authored 20 law review articles and book chapters on various

elder law issues and taught elder law at George Washington University Law School. She is author of The ABA Checklist for Family Heirs, ABA/AARP Checklist for Family Survivors and the ABA/AARP Checklist for Family Heirs. She received her law degree from the Washington College of Law at American University, Washington, D.C., and her bachelor's degree from Newcomb College, Tulane University in New Orleans.

This AARP and American Bar Association book by Sally Balch Hurme appears to be another in the Hurme series on end of life issues. It is advertised as having all the checklists available online. However, I've found only the 1st 3 chapters available online. There are 11 chapters. The initial To Do checklists and My Action checklists are not included in the brief excerpt. The advantages of having the checklists online are probably obvious. The ability to print the checklists and add them to a notebook along with the accompanying documents is key to the instructions given in the Introduction. Of course, the checklists can be used directly in the book itself, however that makes it difficult to use the book for more than one person, and certainly would benefit from a binding that lies flat instead of the ordinary paperback style.

It's probably full of good information, but I purchased it to use while teaching a workshop to Senior's about planning early (as in, now) for the future and this checklist was difficult to read...not broken down into workable checklists. Needs to be more user friendly.

Wish there were checklists you could tear out and leave for substitute caretakers

This book had a lot of information that I had not thought about. I had a chance to sit down with my father and go through it so that I could fulfill his wishes and know where everything was. Excellent.

I knew most of this information, yet for those just starting out in caring for an elderly, the practical information is helpful.

Being a caregiver for my spouse is more difficult yet more gratifying than I expected. It is still hard to see him suffer but this checklist gave me confidence (along with the help of medical personnel) that I could be a good caregiver for him.

Good reference for someone facing this circumstance.

not what I thought it would be

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